



PARENTS PLUS PROGRAMME

FOR PARENTS OF
6-11 YEAR OLDS

8 WEEK PROGRAMME

**Every Monday from 10am -12pm
Starting September 22, 2014**

at

**North West Clare
Family Resource Centre
An Grianán, Ardnaculla
Ennistymon**



LEARN ABOUT

- Using parental attention to change behaviour.
- Play and special time.
- Encouragement and praise.
- Using a reward system effectively.
- How to set rules and help children keep them.
- Using active ignoring to reduce misbehaviour.
- Time out and other sanctions.
- Solution building with children.

**RUN BY CLARECARE
AND THE NORTH
WEST CLARE FAMILY
RESOURCE CENTRE**

Call

**(065)7071144
to book a place**