



St. Enda's National School

LISDOONVARNA, CO. CLARE.

ROLL No.: 19700J

TEL: 065-7074231 FAX: 065-7074231

WEBSITE: www.lisdoonvarnans.ie

EMAIL: lisdoonvarnans@gmail.com

ACTING PRINCIPAL: Ms Helen Colfer

09th November 2020

Dear Parent/Guardian,

The children in all classes will be taught the Stay Safe Programme during term one of this school year. The aim of this programme is to teach children personal safety skills so they can look after themselves in situations which could be upsetting or dangerous. It deals initially with common situations which most children will experience at some stage or other, e.g. getting lost or being bullied. The programme also teaches children the safety skills necessary to protect themselves.

The following lessons will be covered:

1. Feeling safe and unsafe
2. Bullying
3. Touches
4. Secret/telling
5. Strangers

Children will be taught to tell a trusted adult about any problems they may have.

Worksheets to accompany the lessons may be given as homework to your child or may be brought home for you to sign. It's important that you use these to discuss the content of the lesson with your child. Doing so will give you an insight into what your child is learning, and present an opportunity to discuss the issues involved in a way more personal than is possible in the classroom situation. It also gives you an opportunity to discuss personal safety issues with your child and to explain the safety rules that exist in your family.

We feel that it is important that parents/guardians of the children in the school are aware of the different aspect of this programme. Detailed information on the Stay Safe Programme can be found on their website: www.staysafe.ie or on our school website: www.lisdoonvarnans.ie

Yours sincerely

Helen Colfer
Acting Principal